SENIOR SERVICES

ACTION Ministries
301 Main St.
Dowagiac, MI 49047
Phone: (269) 782-0000
Food pantry for low income residents of all ages. Saturdays 10 a.m.-noon; Senior Commodities second Tuesday; mobile pantries twice monthly.

Bronson LakeView Neuro Behavioral Health
408 Hazen St.
Paw Paw, MI 49079
Phone: (269) 657-1595
Inpatient and outpatient mental health services and assessments for adults age 65+. Specialized in memory loss, Alzheimer's and other conditions related to aging.

Cass County Council on Aging - Cassopolis
60525 Decatur Road
Cassopolis, MI 49031
Phone: (269) 445-8110
Provides care services from Meals on Wheels, in-home care, medical transportation, Adult Day Services, prescription assistance, senior safety and support groups.

Cass County Council on Aging - Dowagiac
112 Front St.
Dowagiac, MI 49047
Phone: (269) 445-8110
Provides care services from Meals on Wheels, in-home care, medical transportation, Adult Day Services, prescription assistance, senior safety and support groups.

Pokagon Band of Potawatomi Department of Education
58620 Sink Road
Box 180
Dowagiac, MI 49047
Phone: (269) 782-0887
The Pokagon Band Department of Education provides opportunities to promote lifelong learning among all tribal citizens. Offerings include Early Childhood Education, K-12 opportunities, Higher Education Assistance Program (HEAP), and Elders Program.

Region IV Area Agency on Aging
2900 Lakeview Ave.
St. Joseph, MI 49085
Phone: (269) 983-0177
Source for information, options and services for older adults and younger persons with disabilities. Caregiver education, elder rights, Medicare/Medicaid assistance, senior employment and training, and volunteer opportunities.

YMCA of Greater Michiana
509 N. Front St.
Niles, MI 49120
Phone: (269) 683-1552
State licensed preschool for ages 3 and 4 in both Niles and St. Joseph. Fitness classes, programs and events for all ages. Summer day camps, child care, youth sports and fitness, personal trainers, senior classes and more.